

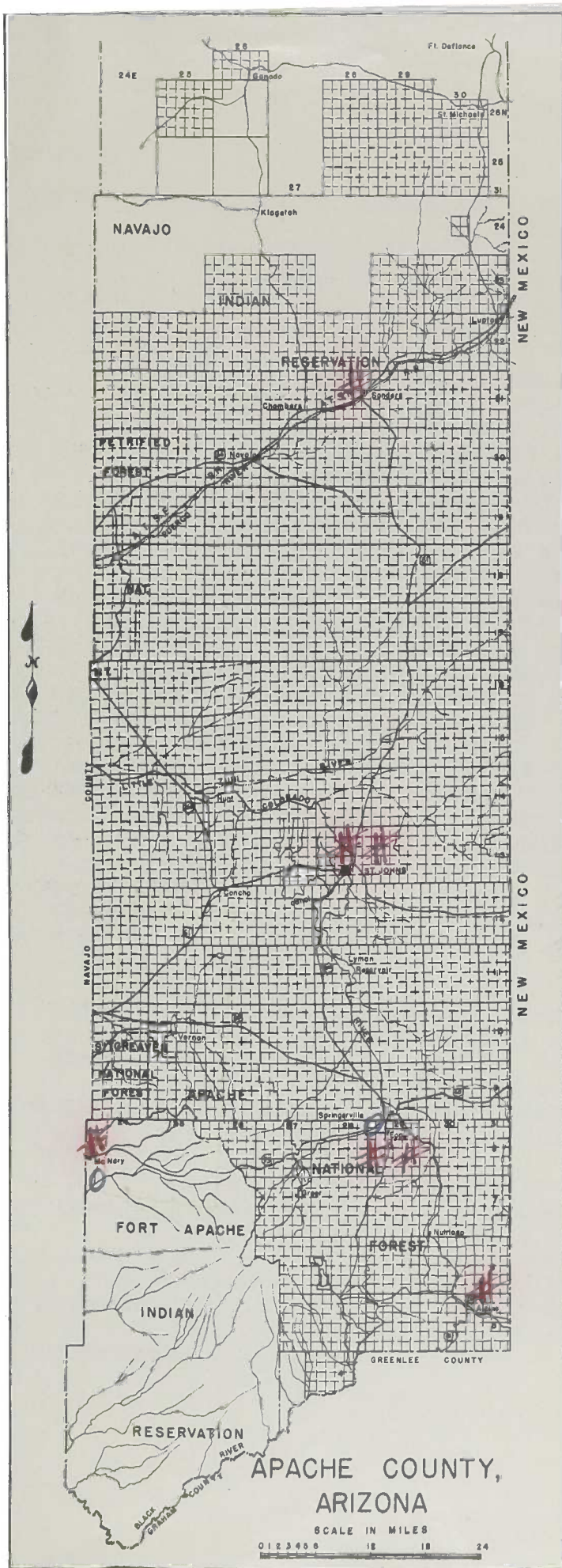
ANNUAL NARRATIVE REPORT

APACHE COUNTY
ARIZONA

Bettie Mead Home Agent	December 1, 1956 to October 1, 1957 (Approximately half-time)
Mrs. Ina B. Hanson Home Agent	October 1, 1957 to December 1, 1957

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COUNTY SITUATION

Apache County is located in the Northeastern corner of Arizona. It is about 225 miles long from North to South and 50 miles wide. The elevation ranges from 5,000 to 11,000 feet. The Navajo Indian Reservation covers the Northern half of the county while the Ft. Apache Reservation covers the Southern quarter.

Income in the White Mountain area, which includes Springerville, Eagar, Greer, Nutrioso and Alpine, is partially derived from tourists who patronize the area in the summer and fall to fish and hunt. Sanders, Chambers and Lupton in the central section of the county along Highway 66 depends on tourist trade, roadwork, mining and railroading for their income. The county except for the Indian Reservation is chiefly rangeland with small areas around St. Johns, Springerville, Eagar and Concho with irrigated farming. There is some dryland farming near Alpine, Nutrioso and Vernon. Cattle and sheep are the chief Agricultural products. Where water is available and the climate suitable, families raise and preserve their own fruits and vegetables. McNary's chief income is from the Lumber Industry.

St. Johns, the County Seat, and Springerville are shopping centers for the small scattered communities. The people who live around Chambers and Sanders do their shopping at Gallup and Holbrook. McNary people shop at home, Pinetop, Lakeside, Showlow and occasionally in Holbrook. Three towns are incorporated. They are St. Johns, Springerville, and Eagar. There are elementary schools in all communities and high schools at Springerville, St. Johns, McNary and Sanders. The elementary schools in St. Johns, Sanders, Eagar and Springerville have a school lunch program. There is a small Public Library at Eagar and St. Johns. Much library interest has arisen over the State to start other libraries. There are small hospitals in St. Johns and Springerville. The Southwest Lumber Company maintains a hospital for employees at McNary. On the Navajo Reservation there are hospitals at Ganado and Ft. Defiance.

The L. D. S. Church plays an important part in the success of the Extension Program in this county. There are five Wards in the St. Johns Stake - 2 at St. Johns, 2 at Eagar and one at Alpine. There is a branch at Chambers. McNary is a branch of the Snowflake Stake. The fact that each Ward takes approximately 100 people to fill the offices has an important bearing on the availability of leadership for the Extension Program.

COUNTY SITUATION - Continued

A little more than a year ago streets were paved in the residential area as well as the highway that runs through t the business section of St. Johns. The highway was widened adding new curbs. This past year St. Johns got it's first bank. The Post Office was moved. In both cases, buildings were rebuilt to such an extent, they look new. Springerville widened and repaved their main street this year. A new eating place, quite elaborate, was built. Their bank building is only a little more than a year old. So progress continued.

Miss Bettie Mead was Home Agent for Apache and Navajo Counties from December 1, 1956 until October 1, 1957. During this time she worked in Apache County approximately five months. Mrs. Ina B. Hanson, first full-time Home Agent for Apache County worked from October 1, 1957 to December 1, 1957.

OUTLOOK FOR 1958

In the past, with the Home Agent working approximately one-half time in Apache County, much time was spent in securing 4-H Leaders. There wasn't enough time for proper training or help. This past year Leaders and members received the most training on Demonstrations and some on judging. Project help was given individually because of the location of Leaders and the previous training of the Leaders. As an example there were 3 Leaders with club members taking Clothing 1. In addition, the Leader at Sanders had one 4-H'er taking Clothing 1. Two of the Leaders were experienced 4-H Leaders. The two new Leaders were secured several months apart. So they were not doing the same thing at the same time. 4-H Clubs in Apache County had always started in the Spring until this past year when it was moved up to February and March. There had been a belief that everyone was too busy to start earlier. So during the year earlier organization was stressed. It would work because five 4-H clubs in Snowflake were a wonderful example of how it could work. The 4-H'ers both places take part in exactly the same Church and school activities. So with the efforts of the new Home Agent as well as the County Agent, a number of 4-H clubs have already been reorganized. Some new clubs have been started. So in 4-H the outlook is rosy.

In Adult Work, two regular Homemaking Clubs were met a number of times. Then meetings were offered to some of the Relief Societies when time permitted. With one exception, special meetings were called rather than having the meeting a a regular Relief Society meeting. Since the Relief Society is a part of the Church, the women go to four meetings a month. Then, many of them have four other meetings a month in teaching a primary class or some other group. So extra meetings were offered people that already attend many meetings. Work day meetings that are held on the second Tuesday and the second Thursday is the ideal time to give a demonstration to the Relief Society. In the past, the Home Agent was in Navajo County during the first half of the month. So it was various Navajo Relief Societies that were met at the proper time. With two counties, the regular reports, not considering duplicates or carbon copies included:

- Two monthly schedules
- Eight weeklies
- Two monthly statisticals
- Two number of meetings attended and leader meetings
- Two narratives
- Two miscellaneous purchase requests
- Two miscellaneous purchase reports
- Two mileage reports

OUTLOOK FOR 1958 - Continued

Besides the reports just mentioned that are due each month, special reports include:

Two requests for all Specialists desired for one year with dates preferred and subject matter desired.

Requests for any Specialist two weeks prior to visit.

Two Plans of Work for Adults.

Four 4-H enrollment summaries

Two 4-H completion summaries

Two statistical annual reports

Two narrative annual reports

Two 4-H narrative annual reports

Expense accounts for all out of county trips.

There may possibly be others.

Since all of the above is changed with a full time Home Agent, the outlook for 1958 is very bright. Relief Societies can be met whenever the time is right. Attendance will be larger at regular meetings. Homemaking Clubs can have more help. While reports are necessary, to have them cut in half is simply wonderful. So Adult Work is looking up ahead to some very real Extension Work.

The County Agent has been here four years and is thoroughly familiar with this area. The Extension Secretary has been here twelve years and is familiar with bulletins, files, and office procedure. Working with these two people, make the work progress faster than would be possible otherwise.

EXTENSION ORGANIZATION AND PLANNING

GENERAL

While Apache County had a half-time Home Agent, an attempt was made to work on 4-H one week and Adult work one week. Due to In-service-training meetings for the Home Agent, sometimes schedules had to be shifted. Too, adult groups were met, when possible, their preferred date.

The first full-time Home Agent for Apache County started work October 1, 1957. Naturally, much of the time during this first month has been spent in getting acquainted with the people, their customs, where they live and the economic situation of the county. Also it is necessary to become familiar with the Arizona forms and policies, literature available and the office routine.

People in the county are not used to having a full time Agent so do not come to the Extension Office or call for information. Much of the work will have to be done through personal contacts. During the month of October the Agent has contacted seventy-seven people, and made thirty-six home visits in addition to attending nine group meetings.

Not much can be done toward office organization until the new equipment arrives.

IN-SERVICE-TRAINING

Mrs. Ina B. Hanson, Apache County Home Agent, accompanied by Miss Bettie Mead, Navajo County Home Agent, attended the Extension Workers Annual Conference in Tucson October 2-26. Monday, October 21 was spent in conference with the State Leader and Specialists in Home Economics.

The entire conference was especially interesting and inspirational. The fact that all the sessions kept on schedule and that there was a break in each session placed those in attendance in a receptive mood.

Mrs. Mary Kathryn Zimmerman with her pleasing personality, calm easy manner of speaking and her words of wisdom was an inspiration to men and women alike.

Being new to Arizona, this Agent was especially interested in the economic situation, the Indian problems, the status of 4-H Club Work in the state.

HOMEMAKER CLUBS

Round Valley Homemakers and McNary Homemakers are the two Extension Clubs in Apache County. It is possible that other

HOMEMAKER CLUBS - Continued

Homemaker Clubs will be formed. Since the L. D. S. Relief Societies have one Homemaking program each month, some people may feel that this is sufficient while others would welcome such an organization. The L. D. S. people are busy people with two or three meetings during the week.

Round Valley Group Meets

On October 3, Bettie Mead, the former part-time Agent and Ina B. Hanson, the new Agent met with seven of the members of the Round Valley Homemakers Club at Mrs. Bill Griffith's. It was more or less of a social meeting to bid farewell to Miss Mead and to meet Mrs. Hanson.

On October 30, eight homemakers of the Springerville-Eagar vicinity met at the home of Mrs. Vic Walden. Ina B. Hanson, Apache County Agent met with them. After some discussion they elected officers. Last year they decided against having officers. Mrs. William F. Mildner, Springerville was elected chairman and Mrs. Ernest Jones, Springerville; secretary-treasurer. Their regular meeting date will be on the 4th Wednesday in the month at 2:00 P. M. The November meeting will be on the 20th at Mrs. Mildner's.

This group had a number of suggestions for demonstrations they would like in their program for this year and some they didn't want. Again it was noticeable that they need guidance in planning. The majority was interested in Money Management and Buymanship. It was decided that the Agent would give them a demonstration on making candles at their November meeting. Having it in November would give them time to make candles for Christmas gifts. They wanted to have a lesson on landscaping in April.

McNary Homemakers Elect Officers

The McNary Homemakers Club met at their club house on November 7th, to elect officers for the coming year and to discuss a program. Officers elected were: President: Mrs. David Brokaw; Vice President: Mrs. Lloyd Johnson; Secretary; Mrs. J. V. Sample; Treasurer; Mrs. Rolf Fernandez; Reporters; Mrs. Marvin Morrow and Mrs. James Dagenhart; Recreation Leader; Mrs. Mike Cook. They decided to have a special meeting November 21st so as to have the "Candle Making Demonstration" before Christmas. They will have their usual Christmas party with an exchange of gifts. Gifts are to be homemade aprons. They made a number of suggestions for next years program.

L. D. S. RELIEF SOCIETIES

The L. D. S. Relief Societies enroll most of the women in the communities in the county with the exception of McNary and the Indian Reservation. The Societies meet once a week from September to May and each work assignments are set up by the Church authorities. One meeting each month is devoted to a homemaking program. All Church groups study the same topics at the same time.

There are five Wards and one Branch in the St. John's Stake. McNary and the Chambers area are branches of the Snowflake and Holbrook Stakes. Eagar and St. Johns have two Wards. There is a total enrollment of 354 women in the five Relief Societies of the St. Johns Stake. The Relief Society Leaders are always sent notices of Leader Training Meetings..Special invitations are always issued for their Leaders to participate in Program Planning Day. This year the State Leader sent the Agent a list of the L. D. S. lessons to be given in the 1957-58 year.

L. D. S. Group Meets with Agent

On October 29 Mrs. Farr Whiting asked some of the workers in the Relief Society of the L. D. S. to her home to meet the new Agent and discuss how their group could work with the Agent. All agreed that the homemakers in St. Johns have more meetings than they can attend, but they would like to have the Extension lessons given at their work meetings which fall on the second Tuesday for the 1st Ward and the second Thursday for the 2nd Ward. They felt it would be a drawing card to get more of their members to attend.

It was decided that two of the members who had seen Miss Church give the demonstration "Dry Cleaning at Home" would give the demonstration at their November meeting. The Agent is to work with those leaders ahead of time and to provide bulletins for them. They seem to need that extra encouragement to develop self-confidence.

A number of demonstrations were suggested as possibilities for their meetings. There is a tendency toward expressing their personal interests and desires instead of thinking in terms of the needs and interests of the community as a whole. This is only natural for inexperienced planners.

CLOTHING

Home Dry Cleaning

In treating both counties alike as much as possible, Miss Church was invited to Apache County. Miss Gibbs gave a demonstration to Navajo County earlier. Miss Church gave a demonstration on Dry Cleaning and Pressing to the Relief Societies (both 1st. and 2nd Wards) in St. Johns and included the Home Economics classes from St. Johns High School. Safety measures were stressed. These include buying a dry cleaning solution that meets Stoddard specifications as such a solution has a low volatile point. Standard Oil wholesale place at Winslow sell this solution by the barrel to service stations desiring the solution. The price is around .50 cents per gallon. Some of the places that have this solution are as follows:

Winslow - Texaco Station across from La Pasado.
 Holbrook - Mayo Follett Chevron Sta., 429 W. Hopi Dr.
 Snowflake - Jessie Smith's Store, Main St. through town.
 St. Johns - Barth Bros.
 St. Johns - Carroll Shumway.
 McNary - The Apache garage promised to handle this.

There are others around only some staion personel do not know what their solution is. These personel could find out through their Distributor.

Miss Church specifically said never use the solution in a washing machine because the friction of moving parts might cause a spark and ignite the solution. Use enamel buckets that are placed outside of a building on the ground. The buckets are grounded. Then too, warm the dry cleaning solution by setting the bucket containing the solution in a pan of warm water. Do not rub the material together. Clean the clothes by adding Putnam Dry Cleaner (actually a dry cleaner soap) to the solution. The Putnam Dry Cleaner soap can be obtained from the
 Monroe Chemical Company
 Quincy, Illinois

One gallon (the least they sell now) cost the retail trade \$5.00 a gallon plus postage. Since a very small amount is used (Two tablespoons per gallon of solution) it really is not as expensive as it sounds. Home Agents, for demonstration purposes, can purchase the Putnam Dry cleaner for \$4.00 a gallon plus postage.

CLOTHING - Continued

Home Dry Cleaning - Continued

After the Putnam Dry Cleaner soap has been add to the warm dry cleaning solution, put in a light colored garment first. It should have been previously marked with a needle and thread if it has special soiled spots. Then use a plunger which is a synthetic rubber "Undie Washer" (Stanley product). Real rubber would dissolve. Playtex synthetic rubber gloves work good. The Undie washer forces the solution through the garment. After doing this awhile, remove the garment and brush soiled spots with one-half solution and one-half water if the spot contains sugar. If the spot remains, test the garment to see if it is an acetate. If it is not, a special spot remover may be used. The directions for making the spot remover are in the dry cleaning booklet. Then rinse the garment in clean dry cleaning solution, squeeze, and hang out to dry. This latter solution does not contain the Putnam dry cleaning soap.

In pressing clothes Miss Church used a clapper, a ham, and a cushion. A sleeve board or a magazine rolled up and covered with cloth helps in pressing sleeves. A pressing cloth of wool on one side and cotton on the other was used also.

Due to Country Life Conference at the University, the Home Agent did not have time to present meetings in April. Then May was indeed a busy month with May 13 to 17 attending a wonderful Money-management Workshop at the University. By flying to Winslow and driving to St. Johns, the Home Agent and a Judge were present for the County 4-H Contest. The rest of the time spent in Apache in May was in practicing 4-H County Winners for Roundup. She cut short her stay in Apache County, to practice Navajo County 4-H Winners. Then the week prior to Roundup was spent on Annual Leave attending Texas Women's University as it had been fifty years since her Mother graduated from the Institution. It had been 16 years since the Home Agent had graduated. This was the only year she had ever attended Home Coming. Then the unexpected happened! June is the end of the fiscal year at the University and there were no funds available for the Home Agent to return. So the meetings previously scheduled were cancelled. 4-H Roundup was attended looking after a number of girls from both Counties as well as being Clothing Chairman most of the demonstrations and also assisting with Foods judging.

So it was July when the Home Agent rescheduled the Dry Cleaning meetings. On July 22 the Home Agent gave the demonstration at Greer. Mrs. Florence Crosby said that it would have

CLOTHING - Continued

Home Dry Cleaning - Continued

to be a night meeting since most of the women worked during the day. She was very interested in having the meeting. Since the Home Agent had never worked in Greer and was hoping to get started there, she said that she would come at night. To make the meeting work, the Home Agent borrowed clothes from Mrs. Barbara West and Mrs. Hazel Mason and dry cleaned them during the day at Mrs. Mason's home. Then the plan was to dry clean their clothes and press as many of the others as time would permit. Mrs. Crosby was in charge of furnishing the iron and a full size ironing board (With it pressing is quicker than with a portable ironing board) and arrange for the Clothing. Plans don't always work out. There was no socket in the school building so the pressing could not be done. After the clothes they brought were dry cleaned and hung on a clothes line to dry, pressing equipment was shown and explained. The four women that did come hated it because more did not attend. Mrs. Dolly Crosby was out of town. Each one present said that they certainly did enjoy the demonstration. Mrs. Afton Wiltbank insisted that the Home Agent stay in a Guest Cottage that she had charge of for the night. So she did. Those attending the meeting were:

Mrs. Lone Wolf

Mrs. Florence Crosby

Mrs. Afton Wiltbank

A Tourist from Tucson whose husband owns an
Interior Decorating Business.

Mrs. Mollie Butler of Butler's lodge although not present at this meeting wants the "Meal Planning" demonstration at her Lodge after most of the summer visitors leave.

McNary Homemakers had the Dry Cleaning demonstration on July 28. The meeting was held at the local hotel in the center of town. It was an all day meeting with a Pot Luck Luncheon. Fifteen women arrived so even though the weather started misting, the "Dry Cleaning" demonstration was held. When it was not misting, clothes were hung outside by the women. When it misted, the women would rescue the clothes and hang them in the hotel's laundry room which already was provided with ample clothes lines. Mrs. Cook wants a clapper. The other women kidded her and said they would not need to buy one, they would just borrow Mrs. Cooks. Other groups that were offered this demonstration in July included women from the Sanders-Chambers area and Round

CLOTHING - Continued

Home Dry Cleaning - Continued

Valley Homemakers. Mrs. Georgianna Spurlock of Navajo was interested but in asking around, she found others were not too interested in this particular demonstration. Too, some were busy canning. So Mrs. Mildred McDonald and Mrs. Spurlock ask that they be invited to Holbrook Homemaker meetings and to Holbrook Relief Society meetings. It seems both like to come to Holbrook. This will work as long as the one Home Agent has the two Counties but otherwise they will not be invited since they do belong to Apache County. Round Valley Homemakers decided not to have the demonstration because they felt "small children and left-over dry-cleaning do not mix. Older women in the club prefer to send their clothes to the dry cleaners. Another reason is that they wanted a landscape meeting.

Due to circumstances beyond everyones control, the Clothing Tailoring meetings with Miss Church for Snowflake were rescheduled during Apache time. (Miss Church had a bone operation). The Home Agent did take a 4-H Leader and two Junior Leaders to 4-H Leaders' Conference for a week and helped with the Apache 4-H Camp. So there was no time for Dry Cleaning meetings. So with all the delay, two Fairs did not stop Alpine from having a meeting. Seven attended from Nutrioso and Alpine together. Since the Alpine Relief Society had not gotten around to sending a list of their members (It was promised), all letters were mailed to Mrs. Hall, Releif Society President. Letters were definitely mailed a week ahead but they didn't arrive before Mrs. Hall left for Winslow. Since she hadn't gotten the letters even though the meeting was scheduled, she said that the Home Agent probably couldn't come. Otherwise there could have been an attendance of twenty or more. They say some of their mail winds up in Alpine, Texas.

Some of the Women who did attend the meeting from the St Johns Relief Societies now plan to demonstrate this meeting again in the Spring with some prior help from the Home Agent. The thing that may have slowed some women down in using the demonstration is that the Putnam dry cleaner can not be bought locally. Too the company said they only sold it by the gallon now. If a committee of local women in each community, would ask the store or stores to stock it, they probably would.

CLOTHING - ContinuedHome Dry Cleaning - Continued

Everyone that attended these meetings were quite enthusiastic. **Many** of the women will probably use this demonstration because it is in an area where the women try to make their money go further. A summary of those attending the meeting is given:

St. Johns - 1st and 2nd Wards (LDS)

Mrs. Myrtle Isaacson	Mrs. Ethel Farr Whiting
Mrs. Leona Heap	Mrs. Melba Udall
Mrs. Eva Cowley	Mrs. Norma Crosby
Mrs. Lurlene Whiting	Mrs. Gladys Greer
Mrs. Verniece P. Wilkins	Mrs. Ellen B. Burrows
Mrs. LeVon Thurber	Mrs. Oasis Blassinegame
Home Agent (Miss Church demonstrated)	

St. Johns - High School girls attended a part of the
above meeting.

Rosie Ballejos	Anne Richey
Elsie Richey	Lynnette Neagle
Jessie Jolley	Sharon Isaacson
Mary Margaret Smith	Vivian Rencher
Leslie A. Baum	Mary Baca
J. Lynne Wilbur	Gloria Chanz
Mary Liyba	Margaret Salazar
Cidela Barrends	Bonnie Gonzales
Shirlene Pulsipher	Linda Archuleto
Joyce Truelock	Gladys Sample
Reta Grant	Alice Neal
Carmen Cluff	Vicke Anderson
Elva Jean Pulsipher	Joy Herring
Melba Udall	Jessica Webb
Dixie Farris	Jeanine Jarvis
Pamela Whiting	Rosemay Chavz
Anita Montoya	Cecelia Barreras
Elsie Barreras	Cathy Padilla

Greer

Mrs. Lone Wolf
Mrs. Florence Crosby
Mrs. Afton Wiltbank
Mrs. Howard Decker, Tucson Tourist

CLOTHING - ContinuedHome Dry Cleaning - ContinuedMcNary Homemakers

Jean Cook
 Minnie Johnson
 Eula Mae Sample
 Edna Merchant
 Hazel Jordon
 Ruby Mathews
 Zollie Morrow
 Peggy Brokaw

Minnie Dagenhart
 Voe Hughey
 Bodil Larsen
 Vergie Fernandez
 Sylvia Sidello
 Eleanor Sidello
 Grace Quick

Alpine Relif Society

Mrs. Ruby Rodgers, Nutrioso
 Mrs. Lenore Brewer (Ruby's daughter)
 Thelma Mangum , Nutrioso
 Mrs. Earl
 Mrs. Jessie Jepson
 Mrs. Velma Jepson
 Mrs. Zella Noble

CLOTHING FINISHES

This demonstration included putting in a sleeve, making a belt section, and putting in hems in gored skirts. After the demonstration, the women were given samples of material that had been previously cut and were encouraged to make a sample. Everyone made belts or rather a sample. Later, one of the McNary women said that she started to make a belt but could't quite reember how. So she found her sample and then remembered. Some tried hems and some had never seen a hem put in where the extra fullness is distributed evenly. Then some of the women have seen a number of Miss Church's demonstrations and so they do know. McNary had this demonstration in August and Round Valley Homemakers had it in September. Attendance was as follows:

McNary Homemakers

Mrs. David Brokaw
 Mrs. Jean Cook
 Eula Mae Sample

Mrs. Voe Hughey
 Mrs. Rolf Fernandez
 Mrs. LLOYD Johnson

CLOTHING - ContinuedCLOTHING FINISHES - ContinuedMaNary Homemakers - Continued

Edna Merchant
Hazel Jordon
Ruby Mathews
Zollie Morrow
Voe Hughey

Eleanor Sidello
Sylvia Sidello
Grace Quick
Minnie Dagenhart

Round Valley Homemakers

Liz Colter
LoMell Ashcroft
Luceil Miller
Ruth Jones

Helen Voigt
Lorna Eagar
Mary Ann Griffeth

It is really too soon to say what results will come from these meetings.

FOOD AND NUTRITION

Having seen Miss June Gibbs present a Meal Planning demonstration to a group in Navajo County in February, the Home Agent scheduled similar demonstrations in Apache County during her adult week in March.

A quick and nutritious meal was prepared in the demonstration. Then the group divided themselves up and prepared foods demonstrated. This way, they could see how easy it is as well as to have ample food for everyone present. The meal prepared was:

A La Chicken in Cornbread Ring
Cole Slaw with Sour Cream Dressing
Apple Crisp

A home-made Cornbread Mix was demonstrated and used in order to save the women time. Groups that had this demonstration in March were:

McNary Homemakers
Round Valley Homemakers
St. Johns 2nd Ward Relief Society

St. John's First Ward scheduled this meeting in April but due to a death of an LDS Member, the meeting was cancelled. This particular meeting did not get rescheduled due to the rush of things. Country Life Conference was in April, the Money-management Workshop was in May and no funds were available for the Agent to return in June. Alpine was interested in the Meal Planning meeting but wanted it during Country Life Conference time so that did not work out. Greer was interested but wanted to wait for some of the Tourist to leave. Then Mrs. Mollie Butler became quite ill going to a hospital in Phoenix. Since she wanted the meeting at her Lodge, it was September before the meeting was held. This was the Home Agent's second meeting in Greer and the attendance jumped from four to twenty-two. This did include five children. So people really like to eat and were surprised at the .35 cent price. Both Mrs. Mollie Butler and Mrs. Afton Wiltbank offered the Home Agent a Guest Cottage for the night since it was a night meeting. So the Home Agent spent the night. The Nutrition Summary was really stressed since it is written in a down to earth way that everyone can understand. It was summarized so that it only took three pages yet

FOOD AND NUTRITION - Continued

everyone could not help being healthy if those pages were followed. Those attending these meetings include:

McNary Homemakers

Mrs. Minnie Johnson	Mrs. Virgie Fernandez
Mrs. Eleanor Sedillo	Mrs. Eula Mae Sample
Mrs. Peggy Ann Brokaw	Mrs. Zollie Morrow
Mrs. Sue Becker	Mrs. Hazel Jordan
Mrs. Lola Johnson	Mrs. Jean Cook
Mrs. Minnie Dagenhart	Three others who failed
Mr. Sample !	to register

Round Valley Homemakers

Mrs. Liz Colter	Mrs. Lorna Eagar (part-time)
Mrs. Ruth Jones	Mrs. T. Evans Brown
Mrs. Mary Ann Griffith	Mrs. Frances Gibson
Mrs. Mildred Fife	
Mrs. Dorothy Walden	

St. Johns 2nd Ward Relief Society

Mrs. Ethel Whiting	Mrs. Clara Sherwood
Mrs. LaVina Truelock	Mrs. Monita Lee
Mrs. Natalie Greer	Mrs. Ethel Hext
Mrs. Melba Udall	

Seven other women could not attend after sending in cards saying they were coming. One had sick children, (Mel Whiting), one hurt her leg and had to stay off of it and one couldn't come because her husband didn't come home in time to bay sit (they had four young daughters).

Greer

Mrs. Lone Wolf	Mrs. Florence Crosby
Mrs. Afton Wiltbank	Cliff Weretz
Mrs. Mollie Butler	Mary Gillespie
Nancy Smith	Doctor Gillespie
Louise Smith	Mrs. Edna Johnson
Bert Smith	Paul Wiltbank - child
Lynn Wiltbank - 4-H'er at Spr.	Russel Crosby - child
Jack Wiltbank	Scott Crosby - child
Rusty Wiltbank	Carma Loree Crosby - child
George Crosby	Ralph Harner - child
Mr. Brown	Mr. Newman

HOME MANAGEMENT

" Getting Your Money's Worth in Soaps and Detergents" was given to three groups in November of 1956. These groups were:

Round Valley Homemakers (their first meeting in
about a year)

McNary Homemakers
Both Relief Societies, Eagar

In January, other Relief Societies were contacted offering them this subject anytime the last two weeks in the month. St. Johns 2nd Ward accepted but the meeting time was wrong for other groups. Mrs. Berma Hamblin wanted the meeting right away so she set it for Eagar 1st and 2nd Wards on the following Monday. Letters were gotten out immediately. Still by Monday Morning some had letters and some didnt. The ones that did get letters got them on Saturday. Still, Monday morning must be wash time because only Mrs. Berma Hamblin came out of at least 150 letters sent out. Letters must be mailed at least a week ahead or there is not much point in sending them.. Then, after letters are received, baby sitters must be arranged, if the Mother does not want to bring her children to the meeting.

At the St. Johns 2nd Ward, the demonstration was set to precede the Regular Relief Society. Letters were sent to all members. Twelve came on time and others drifted in all during the demonstration. Afterward, most of those present said they really enjoyed the demonstration. Mrs. Lorraine Webb and a few others said they were sorry that they didn't get there sooner to see all of the demonstration. So the following people from Apache County have all of the demonstration:

Eagar, 1st and 2nd Wards

Mrs. Berma Hamblin 1

Round Valley Homemakers 6

Mrs. C. Walden	Mrs. Lorna Eagar
Mrs. James Colter	Mrs. Helen Voigt
Mrs. Ernest Jones	Mrs. T. E. Brown

HOME MANAGEMENT - ContinuedMcNary Homemakers

Mrs. Lula Mae Sample	Zollie Morrow	13
Virgie Fernandez	Minnie Dagenhardt	
Her sister	Jean Cook	
Celia Krull	Minnie Johnson	
Sylvia Sedillo	Thelma Smith	
Eleanor Sedillo	Imogene Putt	
Opal Lewis		

St. Johns 2nd Ward

Leona Heap	LaVinia Truelock	11
Melba Udall	Josie Patterson	
Overta Plumb	Ethel Whiting	
Ellen Davis	Mabel Shumway	
La Rue Plumb	Esther Davis	
Leah Smith	Others saw only part of dem.	

So a total of thirty-one women saw all of the "Getting Your Money's Worth in Soaps and Detergents" from Apache County.

COUNTY FAIR

In the Home Economics adult section of the fair this year, there were the following entries:

Clothing	65
Household Arts	126
Food Preparation	169
Canning	28
Freezing	96

484

Total number of Home Economics entries.

Mr. Delbert Lambson and Mr. Sherwood Udall worked long and hard to make the fair a success. They added floors to both the Home Economics and Agricultural building. They built in display cases, step shelves, peg board, and display tables.

County Fair Board Starts Plan for '58

The Apache County Fair Board met at the Courthouse on October 8th at 7:30 P. M. Mr. Sherwood Udall, Chairman presided. The meeting started on time and all attended to the business at hand. They discussed changes they wanted to make in the premium lists, program and timing for '58. This was done while the '57 Fair was still fresh in their memories.

The ladies had the most changes to be made. Those who attended in addition to the Home Agent were Delbert Lambson, Sherwood Udall, Dick Hext, LaVerl Hall, Bernice Neagle, Clair Platt, Juanita Overson, Mary Sherwood, Mrs. Delma Hale, Paul Eagar and Earl Thode.

COUNTRY LIFE CONFERENCE

A number of women were interested in attending Country Life Conference. Younger women had small children and older women had college youngsters coming home for Easter. Helen Voigt planned to go earlier but made another trip about the same time.

Still, two Homemakers did go! Mrs. Mary Ann Griffith took her three-week old daughter home to Mother and attended the Conference. Mrs. Ruth Jones also accompanied the Home Agent to attend Country Life Conference. Driving down we ran into all kinds of weather, snow, rain, and some sleet.

Both women felt that Country Life Conference was very worthwhile and would like to see more women from Apache County attend.

SUMMARY OF 4-H CLUB WORK

- 12 4-H Clubs (community)
- 32 4-H Leaders
 - 8 Junior Leaders
- 295 Club Members
- 384 Projects
 - 4 Achievement Days
- 12 County Medal Winners
 - 1 National Award winner
 - 1 4-H Division of County Fair
- 75 Campers
- 23 Roundup participants
- 25 News stories

Home Economics 4-H'ers had several wonderful opportunities this year. Miss June Gibbs, Nutrition Specialist watched all Food Demonstrations whether the girl was 10 years old or whether she was older. Miss Helen Church, Clothing Specialist did the same for girls enrolled in Clothing. The Home Agent held Demonstration Help Meetings presenting materials from the University and some mimeographed material that she developed. The purpose of the latter material was to get girls to organize their own demonstrations. After it was once organized, the girls were encouraged to practice without their papers referring to it only when they got stuck. It definitely was never meant to be memorized or followed word for word. Some girls took advantage of these helps while others didn't. While some judging help was given, more needs to be given. Girls winning trips to 4-H Roundup were helped again after County Contest.

Roundup Results from Apache County were real encouraging. The girls said they had only gotten white ribbons on demonstrations in past years or else it was a girls first trip to Roundup. Thirteen 4-H Members going to Roundup were Home Economics Members. Six of these girls were on top both in demonstrations and in judging County Demonstration Day. Since the schedules at Roundup did not conflict, these girls judged as well as gave demonstrations. Results are as follows:

Demonstrations

Jr. Individual Clothing:	Ann Maxwell -
WHITE ribbon	Hem for a Flared Skirt
Sr. Individual Clothing:	Carol Perry -
RED ribbon	How to Sew on Hooks and Eyes



Ann Maxwell was Junior Clothing Demonstrator for Apache County. She demonstrated "Hem for a Flared Skirt". While five girls received red ribbons for demonstrations from Apache County, no one worked any harder than Ann who received a white ribbon. She was Valedictorian from her Grammar School class only a week before Roundup. She followed all suggestions that Miss Helen Church who saw her demonstration earlier, gave her as well as suggestions given by the Home Agent. The night before the demonstration, although she went to bed, she could not sleep. So her Leader woke up to hear her saying her demonstration very softly. When she came to the stitching part she would say, "Clackety, clack, clackety, clack" and proceed with the demonstration. Although she had made her own demonstration material, she failed to say so. This kept her from getting at least a red ribbon because one judge decided that she hadn't. So for Ann the August Roundup date would be better because she would be more relaxed with having more time to practice after school is out.

SUMMARY OF 4-H CLUB WORK - Continued

Demonstrations - Continued

Sr. Clothing Team: RED ribbons	Kathryne Nelson - Cynthia Coleman Two Ways of Making Bound Buttonholes
Sr. Foods Individual: WHITE ribbon	Veneta Jarvis - Meat & Vegetables Cooked in Aluminum Foil
Sr. Foods Team: RED ribbon	Jessica Webb - Jeanine Jarvis Making a Chiffon Cake

Judging

Jr. Foods Team:	Anne Jarvis Patsy Simmons Sylvia Browning
Sr. Foods Team: SECOND PLACE IN STATE!!!	Jessica Webb Veneta Jarvis - 4th High Individual Jeanine Jarvis
Jr. Clothing Team THIRD PLACE IN STATE!!!	Marie Overson Ann Maxwell Sarah Jean Crosby
Sr. Clothing Team PLACING UNKNOWN- not listed on Roundup Summary	Cynthia Coleman Teddy Hearne Kathryne Nelson

County Fair

As an experiment, the Danish system of judging was used in Home Economics. Many of the Home Economics members had not completed their projects by fair time. The Springerville Community 4-H Club held their Achievement prior to the fair. They exhibited 32 entries out of the 75 entries that were worthy of a ribbon. By this it would seem advisable to hold Achievement Events prior to the fair in order to increase entries. Two clubs taking Outdoor Cooking didn't understand they could enter the Foods year for them that their Outdoor Cookery substituted for. Foods girls at Eagar chose to enter everything they made with their Home Economics class in the adult section. Each year their class under Mrs. Lowe

SUMMARY OF 4-H CLUB WORK - Continued

County Fair - Continued

takes close to 50 ribbons which is judged with one first, second, and third award.

There were a total of 75 entries that were worthy of a ribbon. In addition, some entries received no award. These were mostly in record books where members had skipped filling out part of their books. A summary of the entries receiving awards is given below:

10 Record Books, 2 blues, 6 reds, 2 whites
7 Food Preparation, 3 blues, 1 red, 3 whites
<u>58 Clothing, 30 blues, 14 reds, 14 whites</u>
Total 75 Home Economics, 35 blues, 21 reds, 19 whites

1957 4-H CLUB ENROLLMENTS AND COMPLETIONS BY PROJECTS

Project	Enrollments		Completions	
	Girls	Boys	Girls	Boys
Beef	6	11	3	9
Clothing	248	4	219	4
Dairy	-	2	-	1
Food Prep.	39	10	20	6
Food Pres.	5	-	-	-
Garden	2	11	1	4
Home Beaut.	-	9	-	2
Home Furn.	12	-	-	-
Insects	-	1	-	1
Junior Leaders	5	3	2	3
Lamb	-	1	-	1
Poultry	-	2	-	-
Rabbits	-	4	-	1
Stock Horse	-	4	-	2
Swine	-	5	-	3
TOTALS	317	67	245	37

*Minus boys and girls moved from communities.

1957 4-H CLUB ENROLLMENTS AND COMPLETIONS BY COMMUNITIES

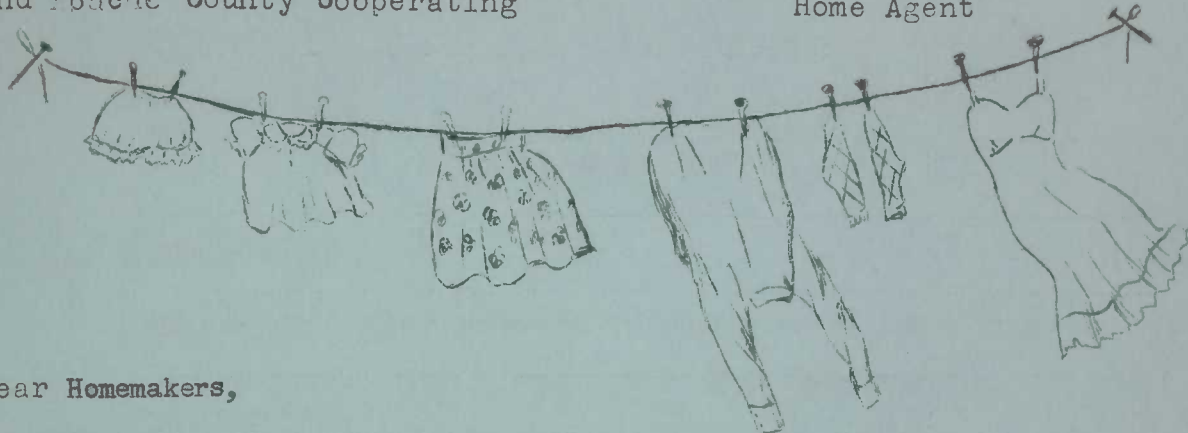
Community	Enrollments *		Completions	
	Girls	Boys	Girls	Boys
Eagar	18	15	10	5
Sanders	8	10	1	6
St. Johns	34	12	20	8
Springerville	17	13	13	3
INDIAN RESERVATION				
Chinle	25	-	22	-
Cottonwood	9	-	9	-
Lukachukai	20	-	20	-
Many Farms	16	-	16	-
Nazlini	43	-	43	-
Pinon	34	-	33	-
Rough Rock	11	4	11	4
Salina Springs	6	-	6	-
TOTALS	241	54	204	26

* Minus boys and girls moved from communities.

COOPERATIVE EXTENSION SERVICE
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
St. Johns

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
County Agent Work
Home Agent



Dear Homemakers,

"Getting your money's worth in Soap and Detergents", is the topic of my demonstration that is being given groups during the months of November and January.

You have been scheduled for this meeting as follows:

What: "Getting your money's worth in soaps and detergents."

What to Bring: A sample of your water to test for hardness, if it's different.

When: Wednesday, January 23, at 3:00 P.M.

Where: Relief Society Room, St. Johns L.D.S. Church.

Why: To save money with the result a clean wash without injury to fabrics.

Who may attend: ^{2nd Ward} L.D.S. members and guests

So I'll be seeing you real soon!

Yours very truly,

Bettie Mead
Bettie Mead
Home Agent

BM/gg
77 cc.

This just precedes the regular Relief Society meeting. Mrs. Melva Whiting is chairman for the meeting.



COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
St. Johns

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Agent Work
County Agent Work

September 16, 1957

DEAR GREER HOMEMAKERS:

Mrs. Mollie Butler invited me to present a meal planning demonstration on September 23 from 5:00 P.M. to 8:00 P.M.

A meal will be prepared in this demonstration. If not enough food is prepared every one can help re-do a dish so there will be plenty of food. I will bring the food.

This meeting will cost everyone 35¢ apiece.

Chicken A La Cornbread Ring
Cabbage Slaw
Apple Crisp

Maybe someone can get together to furnish the drink.

Yours very truly,

Bettie Mead

Bettie Mead nd
Home Agent

BM/nd
40 cc.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
St. Johns

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Agent Work
County Agent Work

April 13, 1957

DEAR L.D.S. MEMBERS 1st and 2nd WARDS:

You have a special treat in store! Miss Helen Church, Clothing Specialist from the University is giving a Home Dry Cleaning Demonstration on Wednesday, April 17th from 10:00 A.M. to 2:00 P.M. at the L.D.S. Church in St. Johns. She will stress safety methods to observe when dry cleaning.

Everyone can go home for lunch.

I surely hope you can come.

Yours truly,

Bettie Mead

Bettie Mead
Home Agent

BM/ND
174 cc.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
St. Johns

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Agent Work
County Agent Work

DEAR GREER HOMEMAKERS:

There is to be a demonstration on
Home Dry Cleaning with emphasis on safety.
Pressing will also be included. Details are
as follows:

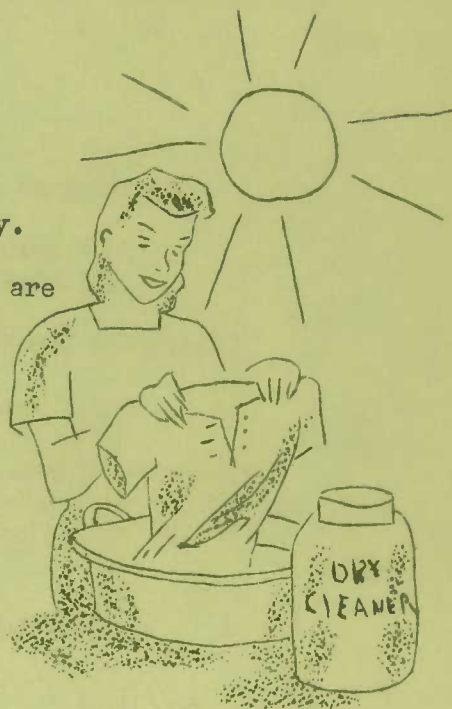
When: Monday night, July 22,
8:00 P.M.

Where: Greer School House

Why: To emphasis safe methods in
dry cleaning for those who
do home dry cleaning.

Cost: None

Methods used in this demonstration are recommended by
Miss Helen Church, Clothing Specialist, from the University of
Arizona.



Yours very truly,

Bettie Mead
Bettie Mead
Home Agent

BM/nd
35 cc.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
St. Johns

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Agent Work
County Agent Work

July 29, 1957

DEAR MCNARY HOMEMAKERS:

The meeting you requested will take place as follows:

When: Thursday, August 1, 1957 10:00 A.M. to
3:00 P.M.

What: Clothing Finishes (belts, hems, & sleeves)

Where: At Mrs. Peggy Brokaw's home

You can bring a sewing box with scissors, needle, thread & thimble. If you happen to have a portable sewing machine, bring it. I will bring one anyone can use that doesn't have one.

Yours very truly,

Bettie Mead

Bettie Mead
Home Agent

BM/nd
40 cc.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
St. Johns

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

January 29, 1957

Dear Homemaker:

You have been named chairman of the Country Life Conference for your community. This means that you will probably get an extra special invitation from Miss Jean Stewart to attend this year as well as all information about Country Life Conference. All women are eligible to attend. Last year it cost around \$12.00 which included meals and dormitory lodging. It is held at the University of Arizona. This years dates include April 22-24.

Last year the women had a choice of classes they attended. The women from Yuma County had such a good time they want to go back.

Please publicize any information Miss Stewart sends you.
Thanks a lot,

Yours very truly,

Bettie Mead

Bettie Mead
Home Agent

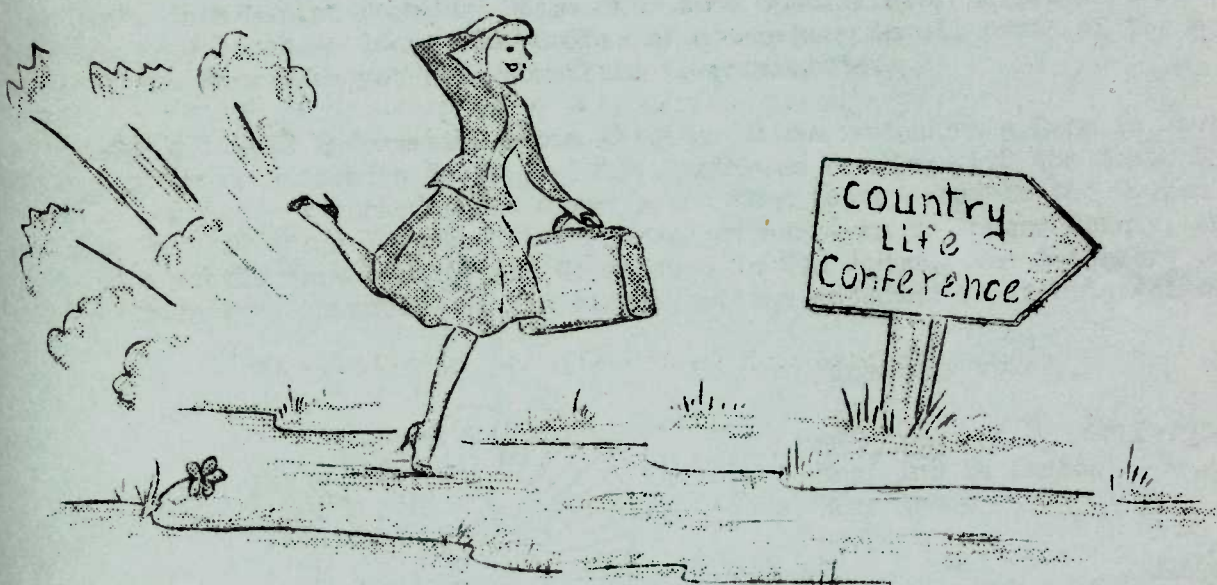
BM/nd
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COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

April 9, 1957



Dear Homemaker:

You have heard about COUNTRY LIFE CONFERENCE through your Country Life Conference Chairman and the President of your organization. It is held at the U. of A. Tucson from April 22-April 25. All Arizona rural women are invited.

I need to have the names of those who plan to go immediately! This does not mean you have to go. Please fill out the reservation blank which is in the Country Life Conference folder. If for any reason you did not get a folder, and you wish to go, let me know your name at once.

Miss Jean Stewart would like these names by April 16. So, of course, I need them at once. Write me at the following address:

Bettie Mead
St. Johns, Arizona

Thanks ever so much! Should anyone decide to go at the last minute, it's still O.K. Just let me know at St. Johns.

Remember to take blankets, towels, soap and wash cloth - sheets and pillow cases are furnished.

Yours very truly,

Bettie Mead
Bettie Mead
Home Agent

BM/gg

If you need a ride, let me know that too.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Apache County Cooperating

Agricultural Extension Service
Home Agent Work
County Agent Work
St. Johns, Arizona

November 7, 1957

Dear Homemaker,

I have been in Apache County since October 1st as your Home Agent. I have met a number of the homemakers and hope to add more to my list of contacts each week. Mr. Isaacson, your County Agricultural Agent, and I share the same office and secretarial help. I hope that you will contact me if you have a homemaking problem or need information. If I don't know the answer I may be able to get it for you.

I hope to send out a newsletter once a month or once every two months. If you have a neighbor or friend who would like to receive it just let me know. Through this letter I hope to give you information on the latest research from the University of Arizona, information from our State Extension Specialists, bulletins that are available, and to share ideas and recipes of homemakers in all parts of the county. Please let me know when you have something to contribute.

Now for a little information about myself. I was raised on a farm in South Dakota. After my husband's death in 1945, I started working with the South Dakota Extension Service. I worked there seven years then transferred to the Oregon Extension Service where I worked five years, and now I am in Apache County, Arizona. I live in a mobile home back of the Courthouse in St. Johns. The neighbors on the hill have been very friendly and I'm slowly getting adjusted to life in Arizona.

Sincerely yours,

Ina B. Hanson
Mrs. Ina B. Hanson
Home Agent



IBH/nd
cc: 510

'T H A N K S C I V I N G
C R E E T I N G S

Bulletins available: They are free. Ask for them.

1. Poultry Cooking - FB No. 1888 U.S.D.A.
It gives methods to use, stuffing recipes and a guide to quantity, trussing the bird, timetable for roasting.
2. Turkey on the Table the Year Round - FB No. 2011 U.S.D.A.
Method and time to allow for frozen turkeys.
Roasting whole or half turkey.
Stuffing recipe, timetable, recipes for using left-overs.
3. Cakes for High Altitudes - Cir. 224 U. of A.

* * * * *

A Little of This and That

Turkeys

This year's turkey crop is even larger than last year's, according to the U. S. Department of Agriculture. Because of this bumper crop, prices should not be too steep.

Most turkeys at the supermarkets have been prepared for the oven, then packaged and frozen at the peak of their quality. Why not buy your Thanksgiving bird now and put it in your home freezer? That way you will be assured of getting the size you want. Make sure it remains frozen until you are ready to stuff it. Never put warm stuffing into the bird cavity until you are ready to put it in the oven. The stuffing bread could be cut up and frozen separately. Some spices change flavor in freezing so it is better to add them later.

* * * * *

Did the members of your family eat a good breakfast this morning before going to school or to work? It is very important for their well being to eat a substantial breakfast. Do you set a good example for them?

* * * * *

It takes careful planning and shopping these days to feed the family an adequate diet and stay within the food budget.

Economists tell us that most food items will be slightly higher in 1958. So you surely need to be a well-informed planner and shopper.

* * * * *

Corduroy school clothes are popular. To wash corduroy successfully, wash by hand in lukewarm suds of mild soap or detergent and squeeze the water lightly through the fabric. Rinse until the water comes out perfectly clear.

For best results avoid soaking, wringing, twisting or crushing; corduroy is apt to crease or wrinkle if handled harshly, and it should never be put thru a wringer.

Hang the corduroy garment on a non-rusting hanger to drip dry. This will cut down on the wrinkling and allows the pile of the material to return naturally to its original position. Before hanging, straighten the garment by pulling the fabric gently in the direction of the wales, set collars and cuffs neatly in place, and fasten all fastenings.

Hang the garment away from heat and sun, and iron while still slightly damp.

Place the corduroy face down on the ironing board, press lightly, using a damp press cloth. Then brush the right side.

* * * * *

Dorothy Walden, Springerville, would like to share this recipe with you. Her friends say it is a delicious cake, easy to make, and a very good keeper.



German Chocolate Cake

2 C. sugar	$\frac{1}{2}$ C. boiling water
1 C. shortening	1 pkg. German Chocolate
$\frac{1}{4}$ egg yolks, beaten	1 tsp. soda
$\frac{1}{2}$ tsp. salt	1 $\frac{1}{4}$ C. buttermilk
2 $\frac{1}{2}$ C. flour, sifted	$\frac{1}{4}$ egg whites, beaten
1 tsp. vanilla	

Dissolve chocolate in $\frac{1}{2}$ C. boiling water and add vanilla and salt. Dissolve soda in $\frac{1}{4}$ C. buttermilk. Let stand while creaming shortening, sugar and eggs. Add flour alternately with buttermilk. Add chocolate and beaten

egg whites. Bake in 3 layers (9 in.) 35 minutes at 350° F.

Filling

Mix together and cook until thick:

1 large can milk	Add $\frac{1}{2}$ C. pecans
1 C. sugar	1 C. coconut
3 egg yolks	1 tsp. vanilla
1 stick ($\frac{1}{4}$ #) table fat	

Dorothy Walden

* * * * *

Bake Holiday Fruit Cakes now and they will be nicely aged by the time you are ready to serve them or wrap them as gifts.

Before baking fruit cakes, grease pans well. Line with heavy brown paper, extended 1 inch above top edge of pan. Grease the paper.

Place a pan of water on the bottom shelf of the oven to help keep cakes moist.

* * * * *

Borrowed from Cochise County Home Agent!

A prayer, "Lord, fill my mouth with worthwhile stuff, but nudge me when I've said enough".